

IBLA GAME DAY CHEAT SHEET

PRE-GAME PROCEDURES:

Home Team Obligations:

- Field lined & in good condition (See XII in IBLA Rules and Regulations Handbook). If there are any problems home coach needs to make opposing team aware.
- Goals set up with no holes in netting
- 4 balls on each end line for entire game
- No more than 3 coaches are on sideline
- Parents are at least 5 yards from field of play on opposite side of field from the benches
- Arrive to field 30 minutes before the game.
- Scoring table with proper game-scoring/time-keeping equipment and a copy of the IBLA Rules and Regulations
- Provide first aid kit for own teams
- Provide a designated Sideline Manager (Section XI in IBLA Rules & Regulations Handbook)

Visiting Team Obligations:

- No more than 3 coaches are on the sideline
- Parents are at least 5 yards from field of play on opposite side of field from the benches
- Arrive to field 30 minutes before the game.
- Provide first aid kit for own teams
- Provide a designated Sideline Manager (Section XI in IBLA Rules & Regulations Handbook)

Referee Obligations:

- Meet both coaches & certify players
- Conduct team line up at midfield, explain rules & hand shake

GAME PROCEDURES:

Majors (7/8th Grade | A, B & C)

10 v 10 | Full length field

All counts: 4-second crease count; 20-10 counts for advancing the ball

Long sticks allowed

Over and back enforced

4- 10 minute stopped clock quarters

Minors (5/6th Grade | A, B & C)

10 v 10 | Full length field

All counts: 4-second crease count; 20-10 counts for advancing the ball

Long sticks allowed

Over and back enforced

4- 10 minute stopped clock quarters

Juniors (3/4th Grade | A, B & C)

10 v 10 | Full length field

No counts, except for 10- second crease count; no count for advancing the ball

No Long poles allowed, sticks must be between 38-42in (should not exceed 42 in)

4- 12 minute running clock quarters

Minis (K/2nd Grade | A & B)

7 v 7 Game play (2, 2, 2 and a goalie)

Modified short field (60 yds x 35 yds)

Faceoff after every goal

No counts

2-20 minute running clock halves

Clock:

- Clock will stop under 2 minutes of 4th quarter for games within a 2-goal differential
- If score differential becomes 3 goals or more, the clock returns to standard timing rules
- All penalties are stop clock time
- Injury stop time/time-out is the referees' discretion. Substitutions and congregating of players are both allowed during an injury time-out.
- 5 Minute half time; 2 Minutes between quarters

Timeouts:

- One 45-second timeout allowed per team, per half



GAME PROCEDURES (cont.):

Overtime:

- Juniors, Minors, Majors: 1st OT is one 4-minute full squad OT (Section XIV in Rules and Regulations Handbook); Minis OT: Play full squad until next goal is scored
- After first OT, then it goes to 3v3 Gladiator with 1 player back at all times (can be the goalie)
- Penalties are enforced
- No substitutions allowed
- No games will end in a tie
- No timeouts can be called in OT

Take out checks are not permitted at any level. (Intentionally knocking a player to the ground)

Long Sticks are permitted at Major & Minor levels (with no size restrictions)

Wooden Sticks are not permitted at any level.

Face-offs will be conducted after every goal and start of each quarter unless team is losing by 7 goals or more. (When losing team is given possession at half field, and game clock will run, See XIV in Rules and Regulations)

Goalies are not required to wear arm guards at any level, but must wear all required equipment (See IX in IBLA Rules and Regulations)

Counts: 20- second count over half and 10-second count into offensive box will be used in the Minor & of Major levels. 4 second count in-crease for Minor & Major levels. 10 second count in-crease for Junior level.

Over and Back: Enforced at Majors, Minors, Juniors

Once the ball is touched in the offensive box the ball cannot pass over the half line. Once it does, a “play on” will reward the possession to opposing team.

Substitutions will be on the fly for Major & Minors. Coaches can call for substitution whistle for Juniors & Minis at any point during a dead ball or a substitution horn can be used.

Conduct on Field: Any conduct, including abusive language and or gestures, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on yourself, team or IBLA is unacceptable and will not be tolerated. This rule applies to all players, parents, siblings and guests at all times in or around any IBLA lacrosse games or functions. (Section III in handbook for Code of Conduct enforcement)

Flag Down (Slow Whistle): Enforced at Majors, Minors, Juniors

A flag down will result in a “slow whistle” until the offended team gains possession, ball goes out of bounds, goal is scored or the offended team commits a foul. The ball can touch the ground or go out of the box without a play stoppage.

POST-GAME PROCEDURES:

- Both Teams meet at half field for handshake
- Coaches confirm score with officials players and coaches clean sidelines
- Players and Coaches clean sidelines Coaches confirm score with officials
- Home team posts scores on Season Ticker website within 24 hours of game completion

Game Cancellations:

- Home team will make the decision on weather/field conditions
- Game cancellations should be made more than 2 hours prior to game start on the day of the game, or by Tuesday at 5pm the week of the game
- Home team postpone game on Season Ticker (ibla.seasonticker.com) entering reason in box
- Home team will contact officials and the IBLA:

Main Phone: 847-429-3127 Press 1 for cancellations or emergency situations

Email: Refs@ILLAX.org

Notify IBLA: mgabel@truelacrosse.com, rclary@truelacrosse.com, kelberti@truelacrosse.com

Game Rescheduling:

- Both teams should agree on date, time and place (try to keep home team the same)
- Update Season Ticker website to be completed by home team host
- If team does not agree on time or place, game will become a forfeit & team will be penalized 0-7 on scorecard (Section X in Rules and Regulations Handbook)

Important Contact Information:

- **Officials:** 847-429-3127, Refs@ILLAX.org, scottrogo@illax.org
- **IBLA:** mgabel@truelacrosse.com, rclary@truelacrosse.com, kelberti@truelacrosse.com